

# INSTRUCTION SHEET

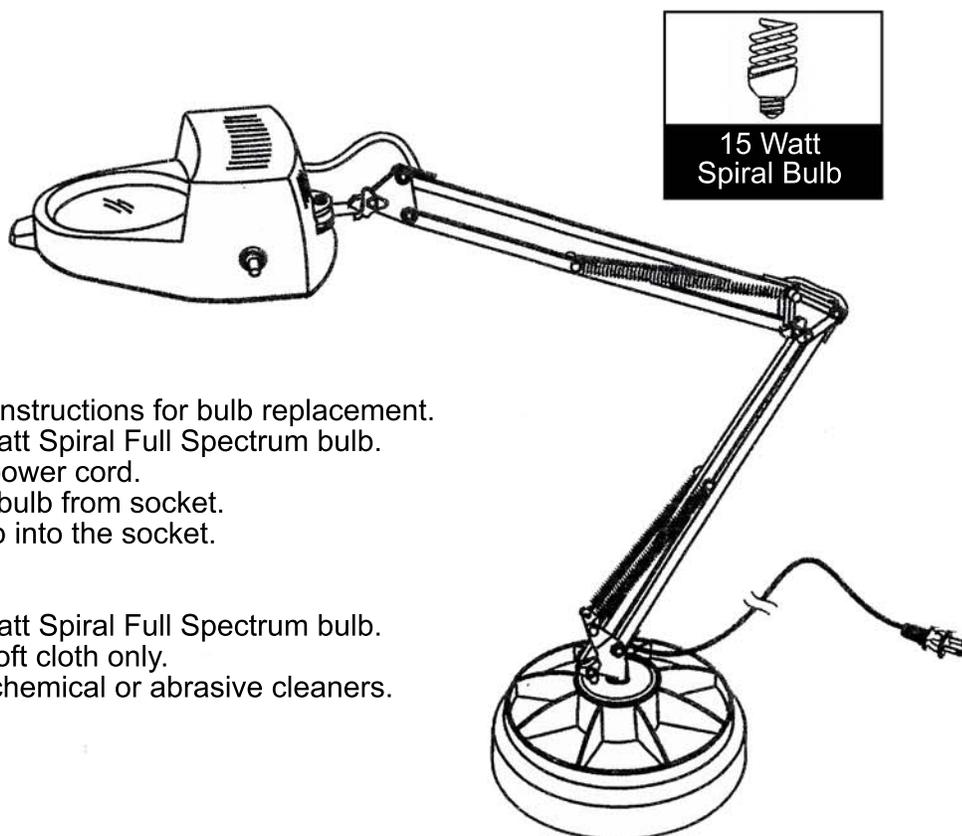
## WARNING - Lighted lamp is hot!

To reduce the risk of FIRE, ELECTRIC SHOCK OR INJURY TO PERSONS:

- ~ Turn off/unplug and allow lamp to cool before replacing bulb, cleaning or other maintenance.
- ~ Do not touch hot/warm bulb at any time.
- ~ Do not look directly at lighted bulb.
- ~ Keep lamp away from materials that may burn.
- ~ Bulb and shade can get HOT! Touch only the switch/plug when turning on.
- ~ Use only with a 15 Watt Spiral Full Spectrum bulb.

## Assembly Instructions

- 1) Lay all parts out on a smooth surface.
- 2) Insert lamp arm into base.
- 3) Unscrew the knob located at the top of the lamp arm. Be careful not to lose the two washers or the nut located in the knob when unscrewing the knob.
- 4) Remove the washers once you have removed the knob and nut.
- 5) Remove the bolt from the lamp arm.
- 6) Unfold the plastic piece at the back of the lamp head so that it is perpendicular to the lamp head.
- 7) Insert this piece of the lamp head so it lines up with the holes you just removed the bolt from.
- 8) Once you have the lamp head lined up, reinsert the bolt through the holes so the lamp head is secured in place.
- 9) Place the washers back on to the bolt just as they were when you took them off.
- 10) Place the knob on to the bolt and screw the knob back on. Be sure the nut is fitted inside the knob before screwing the knob back on.
- 11) Before securing the knob completely, position the lamp head to the desired position.



## Bulb Replacement

Please follow these instructions for bulb replacement.

- 1) Use only a 15 Watt Spiral Full Spectrum bulb.
- 2) Disconnect the power cord.
- 3) Remove the old bulb from socket.
- 4) Insert a new bulb into the socket.

## Maintenance

- 1) Use only a 15 Watt Spiral Full Spectrum bulb.
- 2) To clean use a soft cloth only.
- 3) Do not use any chemical or abrasive cleaners.

**NOTE:** This lamp uses a Full Spectrum light bulb that produces a light color of 5000K to 6500K. Variation in the light color may cause the light to appear slightly different from bulb to bulb, but you will still receive the benefits of Full Spectrum lighting. Full Spectrum bulbs produce a brighter, whiter light. Use of a non-Full Spectrum bulb will cause the light to appear different and detract from the benefits of Full Spectrum lighting.